



This is a model of invitation to be used for institutions, platforms, and other organizations not directly involved in the breath, but whose vision aligns with WBD - please adapt it at your convenience.

I am reaching out to you today to humbly ask you if you and *"name of the organisation"* would agree to support World Breathing Day by promoting it within your circles, to your friends and associates, connections, and partners. Every April 11th. we turn our attention to the most vital force in our lives: the Breath.

Around the world, many events, such as lectures, breathing experiences, panels, etc. are organized, including some internationally renowned breathing experts. We also encourage and hope that many people will simply give themselves the time during this day, to become conscious of their breathing, and to connect to all humans and creatures that breathe, as well as to the biosphere (the oceans, forests and soils) that make breath - and life itself - possible on this beautiful little blue pearl of a planet. I hope this email has inspired you to join us in sharing a moment of conscious breath while promoting healing, spreading unity and peace. Please do not hesitate to reach out to me if you have any questions or simply feel the inspiration to do so.

Joining forces make us stronger to positively change the world,

Thank you in advance,

your name,

representing, IBF and World Breathing Day.

World Breathing Day website worldbreathingday.earth

Contact us: worldbreathingday@ibfbreathwork.org

Follow latest update on our WBD facebook group:
www.facebook.com/groups/worldbreathingday

International Breathwork Foundation: ibfbreathwork.org

