

HOW TO CANCEL AUTOMATIC RENEWAL PAYMENTS (Credit Card & Paypal)

Open <https://ibfbreathwork.org> in your browser.

From the navigation menu select "Log in" and enter your username (or email) and your password.

Once logged into "MY IBF", scroll down to the bottom of the page until you see "Do you want to cancel your IBF membership subscription?"

To cancel your subscription, only one step is necessary: Simply press "**Submit Form**".

Save All Changes

Do you want to cancel your membership subscription?

By clicking on "Submit Form", your automatic recurring subscription will be terminated, but your membership will continue until end of paid year.

Are you sure?

This action cannot be reversed, but you can manually renew your membership at any time after the year has expired.

[Submit Form](#)

Do you want to change your membership to another type?

Your new membership type will take effect immediately for 1 year from now.

[Click here to change your type of IB](#)

Wait a few seconds, the view will change to this:

Do you want to cancel your membership subscription?

By clicking on "Submit Form", your automatic recurring subscription will be terminated, but your membership will continue until end of paid year.

Are you sure?

This action cannot be reversed, but you can manually renew your membership at any time after the year has expired.

Billing termination confirmed. Your account has been cancelled. [?](#)

[Submit Form](#)

Do you want to change your membership to another type?

Your new membership type will take effect immediately for 1 year from now.

[Click here to change your type of IB](#)

Wait again for few seconds, then refresh the browser (F5)

The box “Do you want to cancel your IBF membership....” has been replaced with this:
“Do you want to renew your IBF membership....”

“Access expires” displays the date, when your paid membership expires.

Note: You are still an IBF member after the cancellation action! Only the payment method has changed, from “Automatic Payment” to “Manual Renewal”. When the membership fee is due again, you will receive reminder emails from the IBF to renew your membership.

Do you want to renew your membership?

[Click here to renew your IBF membership](#)

Access Expires: Dec 5th, 2023, 6:45 am UTC

Do you want to change your membership to another type?

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