



**ibf**

**GIC 2026**  
COMING HOME | BREATHWORK JOURNEY  
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Rhodes ~ 



# Workshop Presenter Information

We warmly invite you to consider presenting a workshop at the GIC 2026. Please consider the following information prior to registering your interest.

*All workshops are offered for free (volunteer basis).*

## Types of Workshops



Morning  
(6:30am-7:30am)



Mid Morning (1 hour)



Afternoon Workshop (2-3  
hours)



Evening Entertainment



Keynote (separate application by  
expression of interest).

All presenters must follow the ethical and professional guidelines of the IBF (provided to workshop presenters); and the privacy and wellness conditions of the GIC (signed at time of registration). A working with children declaration may be required (and is preferred) for those wishing to volunteer with children. Please ask us for guidance.

To register your workshop: Please fill out the registration form .  
All approved registered workshops will be advertised on our website!

## Information for Presenters of Morning, Mid Morning and Evening Entertainment



### Morning Workshops

These include yoga, breathing, meditation, movement, and gentle morning activities.

Please register as soon as possible, and by April 2026. There will be limited places available.



### Mid Mornings

These are strictly non processing workshops. Ideas include professional development workshops or talks, talking circles, gentle breathing, movement/dance, music, art and transpersonal art, integrative practices, journaling and so forth.

Please register as soon as possible and by April 2026. There will be limited places available.



### Evening Entertainment - ALL PLACES NOW FILLED

These include live music, kirtan, movement/dance, storytelling and so forth. Please register as soon as possible or by April 2026. First in! There will be limited places available. There is some financial sponsorship or support for evening entertainment available.

## Information for Presenters of Afternoon Workshops



Afternoon workshops may be proposed by ANY registered participant of the conference. Workshops do NOT actually need to be registered prior, except for if you wish to have your proposed workshop advertised. We cannot guarantee a place for your workshop or a date. As is the GIC tradition, afternoon workshops are only presented on the morning of the day you wish to hold it, and are then voted in (to be attended) by participants. This is a particular GIC tradition. If you are unfamiliar with this process please email us for more details (it can be confusing for newbies)!

### **What sort of Workshop is suitable for the afternoon?**

Breathwork workshops including conscious connected breathwork and others; or workshops with similar methods of consciousness, transpersonal work and so forth. Afternoon workshops are all experiential workshops. There is a preference for workshops to be aligned with the conference theme.

### **Can I register to present on the day?**

Yes, while registering is encouraged, unlike the other workshops the GIC has space each day for people to present their workshops to delegates, whether they have registered or not.

### **What happens 'on the day'? What is the process?**

On the morning of the conference, there is 15 minutes set aside for people to stand on the stage and present their workshop for the afternoon time slots. If you have already registered, then the delegates will already have your information, however you still present in person.

Each presenter has 2 minutes to present their name, their workshop title and brief description, the language the workshop is in, and any other relevant information.

The delegates then decide which workshop they will attend by voting (via whats app). This helps our team organise spaces available and resources. There are limited spaces available, so not all workshops may go ahead.

Afternoon workshops are available on the Tuesday - Saturday of the conference. Basic resources will be available (speakers etc). If you require specific resources we encourage you to bring them with you! Delegates will bring their own yoga mats.

Questions? Please contact [gic2026@ibfbreathwork.org](mailto:gic2026@ibfbreathwork.org)

